

News and Notes

For Bodenham, Britford, Charlton All Saints, Nunton and Odstock

May 2020

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Deadline:
**14th of the
month**

Through Closed Doors

"When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you'. John 20:19

What does it mean to believe in the resurrection in the middle of a pandemic? How can we celebrate new life when death is on our minds? What does community mean, when the doors of our community spaces are locked?

I imagine that it was very sensible of the disciples to lock the door that night. I also think that it is such a comfort to us know that they did. That locked door could not keep Jesus or the peace that he brings out, then. Our locked doors and 'social distancing' have not stopped life giving love and community, now.

Faith in the resurrection means knowing that the power of death has been broken. The locked doors cannot keep the love of God out, not then, not now. Living in the light of the resurrection means that we do not expect eternity of our earthly life. Resurrection comes through death not without it. It is at a time like this that we know that more than ever. We are all experiencing that community spirit is thriving just at a time when we cannot meet. Faith in the resurrection also means the affirmation of our earthly life, embracing all that is necessary to keep people safe and to save lives. The resurrection of Christ is God's delightful "yes" to humanity. It gives us peace to accept what life offers both in the open spaces of opportunity and through the locked doors.

Peace be with you, Reverend Anna-Claar

COVID-19 Epidemic

Stay Safe, Stay Home, Save Lives

The incidence of COVID-19 infection in our area has so far remained relatively low compared with other, more densely populated parts of the country, especially London and the West Midlands. This means that we have also seen fewer COVID-19-related deaths than in other regions.

The great majority of young healthy people who become infected with COVID-19 will make a good recovery. However, as we get older our immune systems become less effective in fighting infection, and we are more likely to develop serious complications affecting recovery. People with underlying conditions which affect their body's ability to cope with infection are also at greater risk. This is why people over 70 years of age, and those with underlying health issues should self-isolate.

Because COVID-19 is a newly discovered infectious disease it is not yet certain whether, once a person recovers from the disease, they will have immunity to future infection, and if so, for how long. If a large enough proportion of the population is immune to a disease (either because they have had the disease and have acquired immunity, or they have received an effective vaccine) then a state of 'herd immunity' is reached. In order for an epidemic to continue to spread, each infected person must, on average, infect at least one other susceptible individual. With herd immunity, the onward person-to-person transmission of infection within the population is effectively halted by the low proportion of susceptible individuals.

It can take around 2 weeks before an infected person develops symptoms, and during this time they could transmit infection to many of the people with whom they come into contact. In the absence of herd immunity the only way to slow the spread of infection is by reducing the number of people with whom each infected person comes into contact, and this is the purpose of social distancing. If wide-spread testing were to become available it would help to identify infected individuals before they developed symptoms, and enable them to self-isolate at an earlier stage, thus reducing onward transmission.

Sally Nelson - Odstock

Thank You

April has been an extraordinary month. We have been in lockdown and self isolating in line with current guidance. We share our news and church services via Zoom, email, Facebook or whilst standing two metres apart. All very strange.

We are indebted to many people who have been looking after their neighbours, by shopping or collecting prescriptions for them. I am sure that you will join me in thanking them for all they have done to support our community. Thank you.

You will read that many of our local suppliers are doing everything they can to cater and or deliver to us, please support them and our loyal advertisers.

I hope you enjoy the new sections in this edition, please email me with your views.

In the meantime, please look after yourselves and your neighbours, and stay safe.

Jeremy Metcalfe - Editor

Odstock, Nunton & Bodenham

Parish Council and Church Community support

The provision of support to those self isolating in Odstock, Nunton and Bodenham has so far been able to keep up with demand, thanks to some great offers of help from the villages and we hope that everyone needing practical support has made contact with the support team for their area. As a reminder those areas are:

Odstock

- ♦ If you live around the crossroads area: Hayley Thornton
- ♦ The West of the Village out to Glebe House: Laura McGregor
- ♦ South of the village including Shepherds Close: Sharon Chalk.
- ♦ East of the Village out to the Church: Sheri Start

Nunton

- ♦ If you live in the Orchard: Sally Nelson, Jonny and Marelka Hartley
- ♦ The Old Dairy to Stoney Close: Sally Nelson
- ♦ Rose Lane, from Nunton Drove and to the A338 junction at Melstock: Paula Gribben
- ♦ The main road from Vicarage Corner to Slate Cottage: Sharon Chandler
- ♦ Nunton Drove: Sue Martin

Bodenham

- ♦ The main street: Toby Walker
- ♦ The Lands: Emma Harper

If you do need some assistance - such as prescription collection or shopping - and have not made contact yet, call those below, or see last months edition for more details:

- ♦ Odstock: Nigel Start - 07963 255 520
- ♦ Nunton: Sally Nelson - 01722 328 220

We are aware that many of you are being looked after by family and friends which is great, but if it becomes difficult for them to continue do that - perhaps because they themselves need to self isolate - then do not hesitate to get in touch with us.

Odstock Parish Council – Update on Nunton Playground

We have successfully applied for a grant from the Wiltshire Council, which means we now have sufficient funds to proceed with the replacement of the two sets of swings and the climbing frame unit in the playground. The order is being placed now, but the equipment will not be manufactured until after the end of the COVID-19 lockdown.

The plan is to replace the existing bark surface with a grass and rubber matting surface similar to the Odstock playground. Longford Estate and Nunton Farm have very generously offered to help with the project, by excavating and removing the old equipment, fencing, and bark surface, and back-filling the area to prepare it for seeding or turfing later in the year. This will solve a major logistical problem, and we want to thank them both, on behalf of our local community.

The excavation will take place after the current lockdown period ends. A large volume of chippings and soil will need to be moved. We will try to give you as much notice as possible of any lorry movements. Meanwhile, if you would like any of the bark chippings for use as a garden mulch, please take as much as you want. If you contact Sally Nelson on 01722 328220 she can unlock the padlocks on the field gate and playground to give you access.

Community Communications

There Couldn't Be a Better Time to Join Facebook

One of the surprising outcomes of the current Covid 19 "lockdown" is the way that people have come together to help one another. Undoubtedly the internet is playing a major part in enabling neighbourliness and interaction. Here in our five villages we have a well-established vehicle for making use of the technology in our very own Facebook Group which now has 149 members and space for many more. Why don't you join us and see how we can help each other and be helped?

The Editor reports that, although the group is thriving, he is aware of quite a lot of our inhabitants who are wary of joining "social media" of which Facebook is a major example. Some are put off by the 'Closed' or 'Private' nature of the group but this is specifically there to guarantee privacy and stop the Group becoming the target of hackers, con artists and misfits. Indeed, social media sites like Facebook and Twitter come in for a lot of criticism about how rude and uncivil people are. On our site we have rules about the need for courtesy and respect and can remove anyone who infringes them - though nobody has to date.

To join our group you must first have a Facebook account. I suggest that you search for 'How to setup a Facebook account', for more details.

Once you have an account you need to consider how to set it up to suit your personal preferences especially with regard to security. In my view, unless you are someone whose lifeblood is everyone knowing everything about you, never make your account and posts (as your entries are called) Public. Choose to have your posts viewable either by just Friends (that is people on Facebook whom you have designated as a Friend and who have accepted your invitation), or by Friends of your Friends. Then the first thing you want to do is join our group so in the Search box you type 'Five Villages South of Salisbury'. There you will find a button requesting the group to let you join. You will be asked a few simple questions and an alert will come to me (as the Administrator of the group) for me to review your application.

This should get you started. Please feel free to email me at 44poll@gmail.com for any personal advice or further reassurance.

Alan Pollard Group Administrator

Join the e-News and Notes mailing list

Invitation

Please join the E-News and Notes mailing list. It is very easy to do, just go to www.NewsandNotes.co.uk website and you will find a link on the front page which will ask for your name and email address.

Once a month you will then receive an electronic version of this newsletter, with links to more information than is possible in a printed version.

A printed version of News and Notes cannot be guaranteed in future

Please register for the electronic version of News and Notes



Longford Estate - Update

Having endured a long, wet winter we had hoped for warmer drier days where we could get on with outside work, instead we are working from home and self-isolating in what can only be called unprecedented times.

With Covid-19 on all our minds we must remain positive and be grateful that we live in a beautiful rural area where we can access the countryside and make use of public rights of way that can provide a useful break or as a resource for those who are having to home-school. Across the Estate we carry on; our office team are confined to their homes like many other office workers but many of our Estate team are key workers as we strive to produce high quality food for you our consumers.

The farms are busy drilling spring crops of which we have five this year; barley, oats, peas, linseed, and poppies – we will certainly be colourful when everything is on flower later in the year. We drilled more land in the first four days of our spring campaign than we did all winter. A few months make a difference and where we have had land underwater for long periods during the winter we are now hoping for a shower of rain to give the newly planted seeds some moisture to germinate and start growing.

Our cows started calving at the end of March and are now back onto the pastures having spent much of the winter on stubble turnips. The changing of the clocks seem to signal some better weather and this will help the grass grow allowing our cows to produce plenty of milk to support their young.

Our fish farms remain committed to supplying fresh and sustainable rainbow trout to all our customers. Many of the supermarkets have closed their fish counters to ensure they have sufficient staff to re-stock shelves through the panic buying frenzy that much of the country saw. The big wholesale markets such as Billingsgate have temporarily ceased trading. All of these factors impact a business that produces a perishable product that is grown to hit specific weights and sizes that are in the main dictated by the supermarkets.

Our river fisheries like others have closed but we continue to maintain the banks and wider habitat to enable the fish and other aquatic life to thrive. For a number of years, we have been stocking the river, under licence, with Barbel and we have done so again this year as we build up numbers to provide sport for our angling syndicate.

Having had a busy winter delivering logs to customers within 10 miles of Nunton, our woods team have switched their attention to future crops clearing brush and bramble from old and new plantations. We are in the process of applying to enter an environmental scheme for woodland which is currently not in a scheme whereby we undertake additional work and management to enhance the woodland both for the growing of the trees and the wildlife that are dependent on woodland for their survival.

The maintenance team having had a busy winter are now only able to respond to emergencies, so planned maintenance of properties has been put on hold.

The Estate continues to operate during these tough times, which still seem surreal, unfortunately it is not a Hollywood movie but I am sure we will come out of it stronger as a community and will have learnt a number of valuable lessons. Stay safe and look after each other.

David Canty | Estate Manager

Adverts

Please support our local advertisers, many who live in our villages and need our support.

Coombe Bissett Stores are available during shop opening hours to take orders via email: shop@coombebissettstores.co.uk which can be collected from the shop, bypassing any queues.

Please use email to make your order, but phone to arrange collection on 01722 718 852

Bread and Flowers in Bodenham are offering a weekend takeaway service, please email them to order at enquiries@breadandflowers.co.uk

Delivita Wood Fired Pizza in Bodenham are delivering pizza on Thursday evenings, please call or text Marco on 07379 809 985 for details. Last order by 1pm on Thursday. Any pizza £8. See e-News and Notes for full advert.

Supporting Charter Market traders during the pandemic

Salisbury's twice-weekly Charter Market has been temporarily closed over the past weeks as a result of the Coronavirus pandemic. However, many of the loyal and resourceful traders are still operating during these unprecedented times and Salisbury residents can order from them to receive essential food items.

Salisbury City council has published a list of these traders who have adapted to restrictions by offering deliveries so residents can still have access to their organic fruit and veg, fresh fish, cheeses and more. To find out which market traders are still operating during the pandemic, visit the Salisbury City Council website and see the Latest News section or see the link on e-News and Notes.

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Announcements

Thank you

A big thank you to Sharon Chalk and Sheri Start for collecting my medications and shopping. It is greatly appreciated. Bet Ashton – Odstock.

Births

BUTTON-STEPHENS On 26 March 2020 to Sarah (née Metcalfe) and Andrew, a daughter, Jessica Felicity May, a sister to Jack.

DOUGLAS On 21 February 2020 to Anna (née Metcalfe) and Peter, a daughter, Emilia-Rose Liesbeth.

If you would like make an announcement, please email the Editor.

Lockdown Recipe

Peanut butter biscuits

Ingredients

200g peanut butter (crunchy or smooth is fine)
175g golden caster sugar
¼ tsp fine table salt
1 large egg

Method

1. Heat oven to 180C/160C fan/gas 4 and line 2 large baking trays with baking parchment.
2. Measure the peanut butter and sugar into a bowl. Add ¼ tsp fine table salt and mix well with a wooden spoon. Add the egg and mix again until the mixture forms a dough.
3. Break off cherry tomato sized chunks of dough and place, well spaced apart, on the trays. Press the biscuits down with the back of a fork to squash them a little.
4. Bake for 12 mins, until golden around the edges and paler in the centre. Cool on the trays for 10 mins, then transfer to a wire rack and cool completely. Store in a tin or jar for up to 3 days, if you are not tempted to eat them quicker.

If you have a recipe that you would like to share, then please email the Editor.

Puzzles

As the Inter Village Quiz has had to be postponed this year, here is an Initial Quiz to keep those grey cells working! Good Puzzling – Chris Clark, Charlton All Saints.

Example – 3 C in a F (Answer – 3 Coins in a Fountain)

- | | | |
|-------------------|------------------|-----------------------------|
| 1. 3 M in a B | 5. 1 P in a P T | 9. 10 P of E |
| 2. 40 D of Lent | 6. 64 S on a C B | 10. 30 D H S A J and N |
| 3. 5 R on the O F | 7. 6 C in N I | 11. 6 of O and H D of the O |
| 4. 7 B for S B | 8. 90 D in a R A | 12. 3 S to the W |

Bible Search

Can you find the names of sixteen books of the Bible hidden in the paragraph below?

I once made a remark about the hidden books of the Bible (merely by a fluke). It kept people looking so hard for the facts and for others it was a revelation. Some were in a jam, especially since the name of the books were not capitalized, but the truth finally struck home to numbers of readers. To others it was a real job. We want it to be a most fascinating few moments for you. Yes, there will be some really easy ones to spot. Others may require judges to help them. I will quickly admit it usually takes a minister to find one of them, and there will be loud lamentations when it is found. A little lady says she brews a cup of tea so she can concentrate better. See how well you can compete. Relax now.

There really are sixteen names of books hidden in this story!

Word Search

Local Places

Can you find the following words:

Bodenham
Britford
Charlton
Churches
Farm
Longford
NewHall
Nunton
Odstock
RadnorArms
RadnorHall
YewTree

C	L	G	N	E	W	H	A	L	L	M	N
H	O	W	D	I	Q	T	B	Y	R	L	U
U	C	D	B	J	F	K	E	A	B	O	N
R	H	H	S	Y	M	A	D	P	O	N	T
C	L	Y	A	T	I	N	R	F	D	G	O
H	J	E	L	R	O	S	K	M	E	F	N
E	V	W	D	R	L	C	O	P	N	O	X
S	N	T	A	I	U	T	K	O	H	R	G
R	R	R	N	I	V	W	O	U	A	D	T
R	M	E	S	U	R	S	A	N	M	N	T
S	N	E	B	R	I	T	F	O	R	D	X
V	R	A	D	N	O	R	H	A	L	L	F

For the answers go to the News and Notes website to see the E-version.

Church News

Current Arrangements

We are not meeting in church because all public worship in our church is suspended during the Coronavirus outbreak.

However, the clergy have developed a variety of printed, online, and live Zoom services.

To receive more information about these services, please email Emily, and she will add you to the Chalke Valley Benefice bulletin list:

TheChalkeValleyChurches@gmail.com

News from the Chalke Valley Benefice

After Lockdown

No one knows when the lockdown will end however, in preparation to open our churches again, the clergy have discussed possible options for services when we are allowed to meet up.

Whatever happens, until then we will continue our services by email and Zoom but, as soon as we can, we will do a service in every building so every community can reopen their church and celebrate.

Blessings to you all.

STAY SAFE. If you need help, let us or your Parish Council know.

The Reverends Catherine, Jenny, Anna-Claar and Roger

Ministry Team:

Team Rector ~ The Revd Catherine Blundell:	01722 780134
Team Vicars ~ The Revd Canon Jenny Taylor:	01722 503 081
The Revd Dr Anna-Claar Thomasson-Rosingh:	01722 238 267
Curate ~ The Revd Roger Leake:	07947149 456
Team Administrator ~ Mrs Emily Broomhead:	07890 262 376

Extra—News and Notes

Welcome to the extra pages for News Notes.

In the following pages you will find a few more articles with links to websites where appropriate.

You will see that Salisbury City Council is organising Stay at Home VE day party to mark the 75th anniversary of the end of the Second World War on Friday 8th May, which is a Bank Holiday.

There is also an excellent menu of pizzas from Marco in Bodenham, who will deliver, see his menu for more details.

The answers to the puzzles are on the next page.

You will also discover that whilst the Salisbury Charter market is closed, the marketers are providing a home delivery service. See the article and follow the links to get all the details.

Finally Robert Lewis is providing flour for charity, order early to avoid disappointment.

Please contact the Editor if you have any suggestions, or would like an article to be added.

Stay safe,

With best wishes, Jeremy

Could you be our Business Editor?

Would you be able to help the Editor, by running the advert section and then arrange six monthly invoices.... ?

If so please get in touch.

Thank you.

Jeremy

Puzzles – Answers

1.	3 M in a B	Three men in a boat
2.	40 D of Lent	Forty days of Lent
3.	5 R on the O F	Five Rings on the Olympic Flag
4.	7 B for S B	Seven Brides for Seven Brothers
5.	1 P in a P T	One Partridge in a Pear Tree
6.	64 S on a C B	64 Squares on a Chess Board
7.	6 C in N I	Six counties in Northern Ireland
8.	90 D in a R A	90 Degrees in a Right Angle
9.	10 P of E	Ten Plagues of Egypt
10.	30 D H S A J and N	Thirty days have September, April June and November
11.	6 of O and H D of the O	Six of One and Half a dozen of the other

Bible Search

Can you find the names of sixteen books of the Bible hidden in the paragraph below?

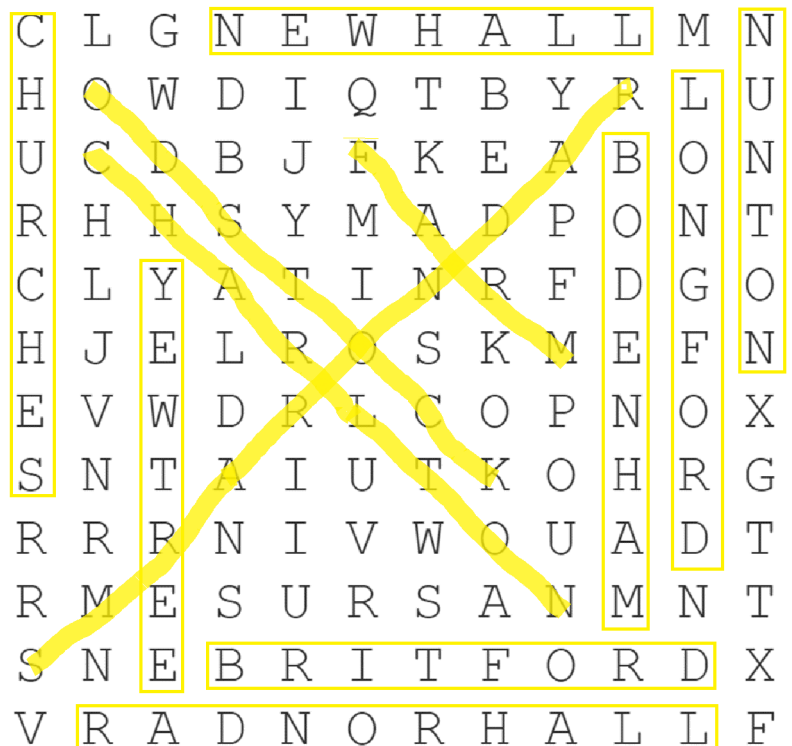
I once made a **remark** about the hidden books of the Bible (merely by a **fluke**). It kept people **looking so** hard for the **facts** and for others it was a **revelation**. Some were in a **jam**, especially since the name of the books were not capitalized, but the **truth** finally struck home to **numbers** of readers. To others it was a real **job**. We want it to be a **most** fascinating few moments for you. **Yes, there** will be some really easy ones to spot. Others may require **judges** to help them. I will quickly admit **it usually** takes a minister to find one of them, and there will be loud **lamentations** when it is found. A little lady says **she brews** a cup of tea so she can concentrate better. See how well you can **compete**. Relax now.

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Nunton & Odstock

Margherita

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Cotto & Funghi

Tomato base with mozzarella, cooked prosciutto and mushrooms

Diavolo

Tomato base with mozzarella and spicy pepperoni and nduja

Bianca

Rosemary, onion, olive oil and rock salt

Vegetarian

Tomato base, mozzarella, mushroom, onion and aubergines

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I will acknowledge but possibly not until Friday evening when all stock is packed.

Please include your contact number with your order.

I am ONLY selling flour for charity.

PLEASE NOTE - CASH ONLY ! PLEASE BRING THE CORRECT CHANGE.

FLOUR TYPES AVAILABLE (as stocks last)

Strong White Bread Flour	2kg	£3.30
Self Raising White Flour	2kg	£2.60
Plain White Flour	1.5kg	£2.00
French Bread Flour	2kg	£3.30
Strong Wholemeal Flour	2kg	£3.00
Dried Yeast	50g	£2.50.

Yeast Stock is on order and will hopefully be here in time, I have fresh yeast as a backup.

Some prices have risen slightly due to supply shortages, sourcing stock is quite challenging.

BRING A STRONG SHOPPING BAG, PLEASE OBSERVE SOCIAL DISTANCING, THE ENTRANCE WILL BE AT THE SIDE DOOR ON THE LEFT AND EXIT AT THE FRONT DOOR. ONE CUSTOMER IN THE SHOP AT A TIME.

FOR QUERIES ON THE DAY CALL 01722 413 400

All takings (after flour expenses) are going to St. Thomas Church, Salisbury

Serving God in the Heart of The City

Robert Lewis

Salisbury News

Take part in Salisbury's VE Day Stay at Home Street Party

Salisbury City Council is inviting Salisbury residents to take part in a Stay at Home Street Party to mark the 75th anniversary of the end of the Second World War on Friday 8th May.

We are asking people to decorate their houses in red, white and blue and enjoy a socially distanced picnic in their front garden from 2pm until 4pm.

Salisbury City Council has teamed up with Spire FM who will be giving people the opportunity to give shout outs to you or a friend and will continue to play great music all afternoon.

At 3pm don't forget to join in with the "Nations toast to the heroes of World War Two" to remember those brave men and women who fought for their country. People are encouraged to come together, stand and undertake the following toast:

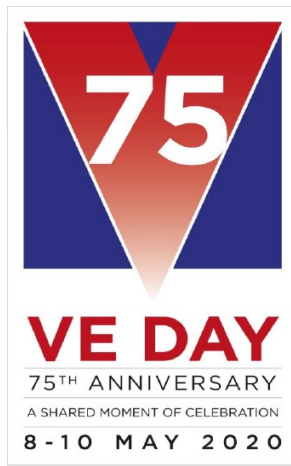
'To those who gave so much, we thank you'.

The Street Party will also give people the chance to get creative and create bunting and have fun colouring in Gilbert the Dragon in navy, army and air force uniforms; templates are available from our Salisbury City Council website: [here](#)

Don't forget to let us know if your street is taking part and its name will be added to the website. Additionally, the City Council would be delighted to see your fantastic pictures of your street party, please upload them to the Facebook event page on the day - 'VE Day Stay at Home Street Party'.

Please remember to follow social distancing guidelines at all times.

See next page for poster.



VE Day 75th
Anniversary Celebration
STAY AT HOME
STREET PARTY
FRIDAY 08 MAY 2020 - 2 TILL 4PM

Decorate your house red, white and blue

then

Enjoy a picnic in your front garden, whilst listening to Spire FM on your radio or smart speaker. Get a shout out for you or someone else

also

At 3pm join in with the
"NATIONS TOAST TO THE HEROES OF WW2"

Visit www.salisburycitycouncil.gov.uk for more information and links to downloading bunting, posters, flyers for neighbours etc.

Charter Market Suppliers

Salisbury's twice-weekly Charter Market has been temporarily closed over the past weeks as a result of the Coronavirus pandemic. However, many of our loyal and resourceful traders are still operating during these unprecedented times and Salisbury residents can order from them to receive essential food items.

Salisbury City council has published a list of these traders who have adapted to restrictions by offering deliveries so residents can still have access to their organic fruit and veg, fresh fish, cheeses and more. To find out which market traders are still operating during the pandemic, click [here](#):

Battling Coronavirus

Facts, Fiction & Actions to take

The virus is not a living organism, but a protein molecule (DNA) covered by a protective layer of lipid (fat), which, when absorbed by the cells of the ocular, nasal or buccal mucosa, changes their genetic code (mutation) and convert them into aggressor and multiplier cells.

Since the virus is not a living organism but a protein molecule, it is not killed, but decays on its own. The disintegration time depends on the temperature, humidity and type of material where it lies.

The virus is very fragile; the only thing that protects it is a thin outer layer of fat. That is why any soap or detergent is the best remedy, because the foam cuts through the fat (that is why it's important to rub so much: for 20 seconds or more, to make a lot of foam). By dissolving the fat layer, the protein molecule disperses and breaks down on its own.

Heat melts fat; this is why it is so good to use water above 25 degrees Celsius for washing hands, clothes and everything. In addition, hot water makes more foam and that makes it even more useful.

Alcohol or any mixture with alcohol over 65% dissolves any fat, especially the external lipid layer of the virus. Any mix with 1 part bleach and 5 parts water directly dissolves the protein, breaks it down from the inside.

UV Light on any object that may contain it, breaks down the virus protein. For example, to disinfect and reuse a mask UV light is perfect.

The virus cannot go through healthy skin.

Vinegar is not useful because it does not break down the protective layer of fat. Spirits or vodka aren't enough. The strongest vodka is 40% alcohol, and you need 65%. Listerine works! It is 65% alcohol.

The more confined the space, the more concentration of the virus there can be. The more open or naturally ventilated, the less.

This is said a lot, but you must wash your hands before and after touching pets, food, locks, knobs, switches, remote control, mobile phones, watches, computers, desks, TV, etc.

Keep hands moisturized. They dry out after lots of washing and the molecules can hide in the micro cracks. The thicker the moisturizer, the better. Keep your nails short so that the virus does not hide there.

Source: John Hopkins University